**what should I do?**

- Take action and stop idling! Tell your family, friends, neighbors and school bus drivers to stop idling.

- Purchase and install “No Idling Zone” signs to spread awareness (see directions for ordering on www.StopTheSoot.org)

- Report diesel vehicles idling more than 3 minutes by calling (877) WARNDEP.

- Encourage your school district to sign the No Idling Pledge.

- Support programs that “retrofit” diesel vehicles with emission controls.

- Do not use remote starters.

For more information, visit www.StopTheSoot.org or contact NJDEP’s Bureau of Mobile Sources at (609) 292-7953.

**references**

4. American Heart Association Scientific Statement
   www.americanheart.org/presenter.jhtml?identifier=3022282

New Jersey Department of Environmental Protection
Bureau of Mobile Sources
PO Box 420 / Mail Code 401-03G
401 East State Street
Trenton, NJ 08625
www.StopTheSoot.org

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**Idling is illegal**

- Idling for more than 3 minutes is PROHIBITED in New Jersey with limited exceptions:
  - N.J.A.C. 7:27-14 (Diesel Vehicles)
  - N.J.A.C. 7:27-15 (Gasoline Vehicles)
  - Sleeping in trucks with sleeper berths is currently allowed. (This exemption will be eliminated in 2010)
  - Idling of emergency vehicles (police, ambulance, fire, military) operating in emergency situations is allowed.

- Idling fines begin at $100 for passenger vehicles and $250 for commercial vehicles.

**Idling is unhealthy**

- Diesel exhaust is a likely human carcinogen, containing fine particles commonly called “soot”.

- Exhaust emissions worsen asthma, bronchitis, and existing allergies.

- The New England Journal of Medicine reports that exposure to air pollution may cause chronic decreases in lung functions by age 18.³

- Children breathe up to 50% more air per pound of body weight than adults, making them more susceptible to both acute and chronic respiratory problems like asthma.

**Idling is “fuelish”**

- If you are idling, you might as well be burning dollar bills.

- The best way to warm a vehicle is to **drive** it.

- Emissions are still present and harmful even when you can’t see exhaust.

- In winter conditions, emissions from a cold engine are more than double the normal level. Fuel consumption is also higher in cold weather.

- Idling increases maintenance costs: it leaves fuel residues that contaminate motor oil and make spark plugs dirty.

**& Idling emissions kill...**

- Every year, hundreds of New Jerseyans die prematurely from exposure to diesel exhaust. Fine particle pollution may actually cause more deaths in NJ than homicides and car accidents combined.¹

- The American Heart Association has concluded that air pollution increases the risk of death from cardiovascular disease.⁴

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**DID YOU KNOW?**

- Vehicles that idle 10 minutes per day waste more than 29 gallons of fuel each year.²

- An idling vehicle emits 20 times more pollution than one traveling at 30 miles per hour.

- Only 10 seconds of idling uses more fuel than turning the engine on and off.²